



VERENA AT THE RESERVE
"POSITIVE DRUM PROGRAM"
WITH JEAN HOWARD

AUGUST 16TH AT 3:30PM

A positive activity with drums that gets you engaged with rhythm and positivity.



COASTAL
HARDWARE, INC.



the
language
group

Williamsburg
COMMUNITY
FOUNDATION

PRA
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NATIONAL
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next
50
INITIATIVE

Westminster
Canterbury
ON CHESAPEAKE BAY
62+ Full Service
Life Plan Community



Opus
Select
62+ Rental
Active Adult Community

SENTARA

Optima
Health

Virginia
Premier