



**VERENA AT THE RESERVE**  
**"POSITIVE DRUMMING & GARDENING "**  
**WITH JEAN HOWARD**  
**JULY 19TH AT 3:30PM**  
 Enjoy interactive drumming and  
 the peaceful elements of  
 gardening!



**COASTAL**  
HARDWARE, INC.



the  
**language**  
group

Williamsburg  
**COMMUNITY**  
FOUNDATION

**PRA**  
Group

NATIONAL  
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INITIATIVE

Westminster  
*Canterbury*  
ON CHESAPEAKE BAY  
62+ Full Service  
Life Plan Community



Opus  
Select  
62+ Rental  
Active Adult Community

**SENTARA**

Optima  
Health

Virginia  
Premier