



THE EMPOWERMENT NEUROFITNESS AND WELLNESS CENTER

LINE DANCING

WITH NEWMAN FITNESS

MARCH 30TH AT 1:15PM

Join NewMan Fitness as they guide you through a fun line dance program! Make sure to wear your dancing shoes!

City of Virginia Beach Cultural Affairs
Arts & Humanities Commission

SENTARA
Optima Health | Virginia Premier

JenCare Senior Medical Center
A CHENMED COMPANY

THE EMPOWERMENT NEUROFITNESS & WELLNESS CENTER

CH COASTAL HARDWARE, INC.

PRA Group

the language group

DF MULTIFAMILY
BY DRUCKER+FALK

BAY LAKE
INDEPENDENT LIVING, ASSISTED LIVING, AND MEMORY CARE

PROMEDICA

NATIONAL ENDOWMENT for the ARTS
arts.gov

VIRGINIA COMMISSION FOR THE ARTS (VCA)

Our Lady of Perpetual Help

next 50 INITIATIVE

Westminster Canterbury
ON CHESAPEAKE BAY
62+ Full Service Life Plan Community

Opus Select
62+ Rental Active Adult Community

Arts Alliance