

## **EVMS LOVING STEPS-VIRGINIA HEALTHY START INITIATIVE FAMILY FUN FITNESS**

## WITH NEWMAN FITNESS

## May 18th @ 6 PM Join Zoom Meeting

https://us02web.zoom.us/j/89593054655?pwd=TGJzTEFaZE4rVC9SL2VUcms1WVl2Zz09

Meeting ID: 895 9305 4655 Passcode: 848867

Tanecia Newman of NewMan Fitness, is a dance fitness instructor providing fitness activities that combine the science of exercise and the art of movement.





















