



Tidewater Arts Outreach

**Creativity. Compassion. Community.**

**The arts cultivate a healing environment & improve quality of life for people with special needs, their families & caregivers by:**

- Enriching the soul, stimulating the mind and promoting wellness.
- Reducing anxiety and the consciousness of pain; helping people be 'in the moment.'
- Creating a true sense of community, helping people feel connected, heard and appreciated.
- Supporting staff; improving caregiver and staff morale.
- Helping caregivers and staff connect culturally with patients and their families.
- Helping people leave a lasting artistic legacy through self expression.

**The public is invited to attend many of our programs. Use these opportunities to meet and engage with interesting older adults in our community.**

*If you would like to attend a program, please call our office at least two days in advance, so we can make necessary arrangements: (757) 965-5155.*

## FEBRUARY 2019

Date	Time	Location	City	Artist	Program
2-Feb	10:30 AM	Our Lady of Perpetual Help	Virginia Beach	The Hurrah Players	<i>The Glory of Gospel</i>
5-Feb	10:30 AM	Sentara PACE Churchland	Portsmouth	Florence Wolin	Visual Arts Workshop: Valentine's Day Cards
13-Feb	11:00 AM	Virginia Beach Art Center	Virginia Beach	Maggie Kerrigan	The Artists Gallery <i>Great Small Things</i>
14-Feb	3:00 PM	The Terrace at Beth Sholom	Virginia Beach	Karen Stowe	Healing Harp Music
14-Feb	3:30 PM	Warwick Forest - Evergreen Assisted Living	Newport News	Apropos	Sweet Adelines Vocal Quartet
21-Feb	10:30 AM	Berger Goldrich Home at Beth Sholom Village	Virginia Beach	Daylight Singing Time	Barbershop Style Sing-along
22-Feb	2:00 PM	Thornton Hall	Norfolk	Michele Barnes	Visual Arts Workshop: Mandala Making

Date	Time	Location	City	Artist	Program
24-Feb	2:00 PM	Berger Goldrich Home at Beth Sholom Village	Virginia Beach	Steve Kolb	"Great American Songbook" Sing-along
25-Feb	1:00 PM	VersAbility Resources - Fishing Point	Newport News	Amanda Wallace	The Shape of Hearts

## SPECIAL EVENTS

Major Funding From:



Business Consortium for Arts Support • Cape Henry Rotary Club • Chesapeake Fine Arts Commission •  
 Cosmopolitan Club • First UMC Church of Newport News • Helen G. Gifford Foundation •  
 Junior Women's Club of Hilton Village • GovSolutions, Inc. • Lake Taylor Transitional Care Hospital •  
 Lighthouse Pointe • Newport News Arts Commission • Norfolk Commission on the Arts & Humanities •  
 Norfolk Rotary • Norfolk Task Force on Aging • Oast & Taylor • Our Lady of Perpetual Help •  
 Portsmouth Art & Cultural Center • Riverside • Sentara Life Care • The Gardens of Virginia Beach •  
 The Talbot on Granby • The UP Center • Thistle Foundation • USAA Foundation •  
 VA Beach Arts & Humanities Commission • VA Beach Task Force on Aging • VersAbility Resources •  
 Virginia Commission for the Arts/National Endowment for the Arts • Virginia Health Services

[www.TidewaterArtsOutreach.org](http://www.TidewaterArtsOutreach.org)