



Tidewater Arts Outreach

Creativity. Compassion. Community.

The arts cultivate a healing environment & improve quality of life for people with special needs, their families & caregivers by:

- Enriching the soul, stimulating the mind and promoting wellness.
- Reducing anxiety and the consciousness of pain; helping people be 'in the moment.'
- Creating a true sense of community, helping people feel connected, heard and appreciated.
- Supporting staff; improving caregiver and staff morale.
- Helping caregivers and staff connect culturally with patients and their families.
- Helping people leave a lasting artistic legacy through self expression.



The public is invited to attend many of our programs. Use this opportunity to meet and engage with interesting older adults in our community.

If you would like to attend a program, please call our office at least two days in advance:

(757) 965-5155.

August 2018

Date	Time	Location	City	Artist	Program
1-Aug	7:00 PM	The UP Center - Camp Horizon	Norfolk	The Storyweavers	Folk/Rock and Dance
4-Aug	10:30 AM	The Arbors at Port Warwick	Newport News	Beauty for Ashes	Interpretive Music, Movement & Dance
4-Aug	2:00 PM	Sentara Nursing Norfolk	Norfolk	The Hurrah Players	Excerpts from Disney's Sleeping Beauty
7-Aug	10:30 AM	Sentara PACE Churchland	Portsmouth	Florence Wolin	'Exploring Summer's Palette' Visual Arts Workshop
13-Aug	1:00 PM	VersAbility Resources - Copeland	Hampton	Juju Garlic	Interactive Percussion Music Jam
18-Aug	3:00 PM	Lighthouse Pointe Retirement Community	Chesapeake	Virginia Coast Chorus	Harmonizing the World!

25-Aug	2:00 PM	Sentara Nursing Center Windermere	Virginia Beach	Kaliki's Dancers	Interactive Polynesian Dance, Music & Movement
27-Aug	1:00 PM	VersAbility Resources - Fishing Point	Newport News	Amanda Wallace	Visual Arts Workshop with Clay

Join us at one of these special events and support our mission of hope and healing through the arts.

14th Annual
T&O golf tournament

Oct 18, 2018

VA Beach National Golf

Proceeds benefit
Tidewater Arts Outreach

\$500 per foursome includes
box lunch, cart, awards and
dinner.

Sponsorship and registration forms are
available at TidewaterArtsOutreach.org/golf

For more information call 754-4486
or visit TidewaterArtsOutreach.org

SAVE THE DATE

SUN. OCT. 21, 2018
3—7 PM
DOORS OPEN AT 2:30

@ THE ATTIC ROOM

**WATERMAN'S
SURFSIDE GRILLE**
415 Atlantic Ave. VA Beach

\$50 PP INCLUSIVE

A Benefit for



Tidewater Arts Outreach

SPECIAL AFTERNOON CONCERT




www.TidewaterArtsOutreach.org for tickets and info

THE
**BAREFOOT
MOVEMENT**

SPECIAL GUEST
WILL OVERMAN
OPENS

DRINKS TIX

APPS BAR

A SPECIAL EVENT TO RAISE
FUNDS & AWARENESS FOR

**TIDEWATER
ARTS
OUTREACH**

www.TidewaterArtsOutreach.org