

# Beyond Words: Using Poetry to Foster Elder Engagement, Inspiration and Communication

## FACILITATOR'S TRAINING

Thursday, May 18, 2017 12:30—3:30 p.m.

## Riverside PACE

439 Oriana Road, Newport News VA 23608

THE SMELL OF CRABS, OCEAN CITY, MARYLAND  
BETTY LAUTERBACH

I remember Dad buying crabs for bait  
Packing them in the refrigerator  
We would open the door and look in  
Looking for something good to eat  
And find live crabs  
Then Dad would go fishing  
Wearing hip boots  
He used his crab bait to catch flounder  
And king fish, which smelled very good  
When my mother fried them  
We would spend the whole summer  
There, leave the day that school dismissed  
At the beach, until school started again  
In the fall



Presented by: Tidewater Arts Outreach

Hosted by: Riverside PACE

Sponsored By: Riverside Health System

**Beyond Words** explores poetry in many forms and its use as the inspiration and the foundation for creative, therapeutic engagement with elders. Learn how to create a session template that works, the best poetry forms and content to use with elders, poetry as therapeutic intervention, and including poetry with other disciplines within elder care models.

### WHO SHOULD ATTEND:

- Therapeutic Recreation Specialists, Activity Directors and staff
- Physicians, nurses, CNAs, other health workers
- Actors, theater majors, drama teachers
- Writers, poets, humanities majors
- Prof. caregivers, home health workers
- Healthcare Administrators, social workers
- Chaplains, volunteers
- Others interested in using prose and poetry with elders

### PARTICIPANTS WILL LEARN:

- A basic template for managing creative engagement with elders; practice how to conduct a creative engagement session using poetry
- Three basic forms of poetry; appropriate use of each
- Qualities to look for in poetry as therapeutic intervention
- Gain confidence in using poetry as a means of fostering creative engagement with groups and 1:1
- Learn one or more “plug and play” poetry activity to foster intra-department engagement



**Pauline Daniels**, Creative Arts Coordinator at Goodwin House in Alexandria, VA, is a published writer and accomplished artist, actress, director and teacher. Daniels has served as Executive Director of DaVinci's Attic, a Reston VA nonprofit whose arts education programs reach hundreds of at-risk youth, older adults, and underserved individuals annually. Daniels served as adjunct professor in art for the Corcoran College of Art and Design, and on the joint Post-9/11 Committee for the National Endowment for the Arts and National Education Association, where she created a website to offer teachers and artists a curriculum on how to use the arts to process and cope with the national 9/11 tragedy.

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First Name

Last Name

Title

Organization

Address

City, State, Zip

Email

Work No.

Cell No.

\$40 general registration includes materials \$30 discounted registration for staff from Tidewater Arts Outreach partner organizations and elders 65 and better. Space is limited to 30 participants. For more information or online registration payment, call or email: [MaryAnn@TidewaterArtsOutreach.org](mailto:MaryAnn@TidewaterArtsOutreach.org), 965-5955.



Tidewater Arts Outreach