

To: Whom it May Concern
From: Charity Wilson
Warwick Forest, Assisted Living
Life Enrichment Coordinator
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The Tidewater Outreach Program is a phenomenal program that visits our community of neighbors once a month.

The genres of art that TAO provides reduces anxiety in many affected by Alzheimer's disease. One excellent example is what followed the Therapeutic Harp concert. Reduced confusion and lessened irritability of neighbors with dementia visibly showed in the calm demeanor of their faces and sounds of relaxed breathing. Individuals were better able to remember their dinner time afterward without forgetting.

Furthermore, the Poetry Writing Program opened up a gentleman's memory to times that had been closed off to him for a long time. The good memories of growing up in the rural south on a farm opened up sights, smells, sounds, and laughter in him. He dictated his poem to one of the leaders of the Poetry Project and wanted her to return because he hadn't felt that happy in many days.

The staff of Tidewater Arts Outreach shows an interest in our individual residents by visiting our facility and various households in order to determine what programs will best be offered each month. The time taken by D'Arcy and staff to meet the needs of people with various needs is remarkable and rarely found in the world.

I genuinely believe in the goodness of this Arts Program as I've seen it enhance the lives of the friends I work with at Warwick Forest Assisted Living by Riverside.

Respectfully,

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